

## Starting groups of women who have the same interests

Organize the group by making a signup sheet to see who wants to be in the class/group. Use the example on page 9. One person is asked to be in charge of the group and to keep things running, advertising, calling and reminding participants. Every person in the class will take a turn being in charge of a class and hosting the class at her house. Another option is to hold the class in the same location but the participants take turns demonstrating. When a group functions this way it gives everyone a chance to teach and strengthen their skills to a deeper degree. If you decide to start groups with the same interest, make sure you have more than one group so that people won't feel left out. For example; if you start a group for young mothers to take their kids to the park during the day time, then start a different group that working mothers would be interested in and hold that class in the evening. Know the needs of the women so you can accommodate their schedules.

**Example of a cooking group.** This schedule of skills could be repeated every year and new recipes taught the next year.

Subject taught	Skill	In Charge of class
Jan Soups in the Slow Cooker	Slow cooker	
Feb Valentines Cookies	Baking	
March Salads in a Jar Intro	Veggies	
April Freezer Cooking Intro	Freezer Cooking	
May How to make a watermelon basket	Fruit	
June BBQ Cooking	BBQ	
July Dipped Pretzels	Dessert	
Aug Tinfoil Dinners	Outdoor Cooking	
Sept Easy Back to school breakfast	Breakfast	
October Make a Mix Intro	Make a mix	
Nov Bread in a clay pot	Bread baking	
Dec Christmas gift recipes Everyone could turn in their favorite gift recipe to make a booklet	Christmas cooking	

