

Relief Society Interest Survey

Name _____

Phone _____

Email address _____

Check (✓) the box under **I** if you are interested in developing skills in that area.

Check (✓) the box under **S** if you are skilled or proficient in that area and would be willing to share your talent.

Marriage, Family Life, Temple Work	I	S	Homemaking	I	S
Dating, courtship, and preparing for marriage and keeping marriage strong			Cooking, list interest		
Prepare to go on a mission & prepare children to go on a mission			Salads in a Jar, salad dressings without oil		
Preventing addictions; recovering from addiction			Meal planning, nutrition and food preparation		
Encourage children to read			Inexpensive meal ideas		
Build family relationships. Communication in the family; family councils & how to solve conflicts			Freezer Cooking: cook larger amounts and then freeze meals to use later		
Family Home Evening Packets			Secrets for trimming calories		
Collecting and preserving family history			Basic Sewing – dish towel, apron, pillowcase		
Becoming an effective Grandmother			Beginning Crochet – make pot scrubbers		
Teaching children good financial habits			Beginning Knitting – knitted dishcloth		
Helping children choose a career			Cleaning without using harsh chemicals		
Family Reunion ideas			Tips on decorating your home		
Have a good Self Esteem			Pointers on how to hang a picture grouping		
Learning the internet family history resources, searching for records of an ancestor.			Organizing your home		
Write a personal history, Journal Jar			How to keep house plants healthy		
Teaching positive behavior and teaching children values			Music in your home		
Service and Sharing the Gospel			Self-Reliance and Provident Living		
Support someone going through a divorce. Helping single parents			Budgeting, eliminating debt, preparing for unexpected needs		
How to plan a block party			Planning for retirement		
Welcome new neighbors			Organizing important papers		
Developing cultural awareness			Using Computers and other technology		
Humanitarian and community aid			Meals in a Jar for food storage, Learn about dehydrated foods		
Serving others together as a family			Canning		
Inexpensive gift ideas to give neighbors			Sun Oven and thermo cooker		
Helping elderly parents			Herb garden, preserve herbs, use herbs in cooking		
Focus on yourself			Gardening		
Organize a walking group			Perennial flowers and bulbs. When and how to divide them to start new plants		
Fitness and Exercise tips, organize an exercise group			Yard care. How to prune trees		
How to dress for your figure			Emergency preparedness		
How to improve self esteem			First Aid		
Makeup, skin care and hair tips (DYI recipes)			Safety and accident prevention		

Do you know anyone who can teach any of these classes?

